

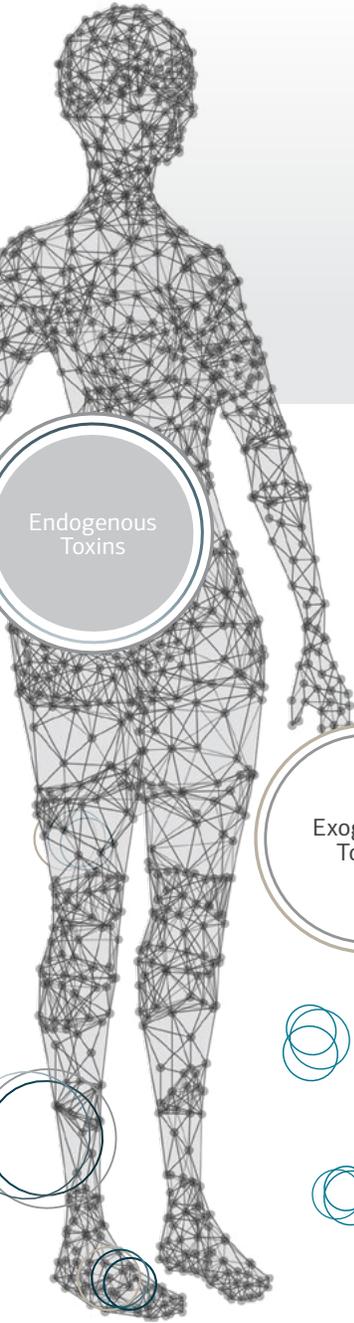


# SP Detox Balance™ Program



Whole food-based nutrition that supports easy, safe and healthy toxin removal during metabolic detoxification.\*

- Good source of plant-based Mg
- 17 grams of vegan protein



## Toxins can contribute to:

- Fatigue or difficulty sleeping
- Indigestion and other temporary gastrointestinal upset
- Food cravings and weight gain
- Reduced mental clarity
- Low libido
- Skin issues
- Joint discomfort

## US Statistics

**80K**

**CHEMICALS**

*registered for use<sup>1</sup>*

**800**

**MILLION+ POUNDS**

*of herbicides used per year<sup>2,3</sup>*

**167**

**INDUSTRIAL CHEMICALS**

*found in adults with no employment-related exposure<sup>4</sup>*

## What is Metabolic Detoxification?

Metabolic detoxification is your body's natural process of removing and eliminating toxins from your cells. This three-phase process unlocks fat-soluble toxins and converts them to a water-soluble state that is easier for your body to remove. Your body needs key nutrients and phytonutrients to support each of these phases.

### Phase I: Unlock

The body transforms fat-soluble toxins to an "unlocked" state that is more water-soluble, and in many cases, more toxic than its original form.

SP Detox Balance™ delivers key nutrients.

### Phase II: Neutralize

The highly toxic substances produced in Phase I convert to non-toxic molecules and become even more water-soluble.

SP Detox Balance™ delivers key nutrients.

### Phase III: Eliminate

Water-soluble toxins leave cells, and the body eliminates them.

SP Detox Balance™ delivers plant-based fiber to aid toxin elimination.

\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

## How the SP Detox Balance™ Program Works

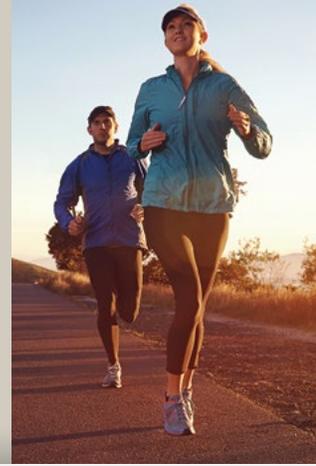
Drink one, two or three nutrient-packed SP Detox Balance™ shakes per the daily shake schedule in the Program Guide. Combine the powder with water (or other approved beverage), mix and enjoy any time of day. While this is not a meal-replacement shake, it could replace some food intake.

Sample meals, nutritious recipes and tips for staying hydrated are included in the Program Guide.

## How to Prepare the Body for Metabolic Detoxification

It is preferable that the following deficiencies be addressed before starting a detoxification program:

- Vitamin D, Vitamin B<sub>12</sub>, Magnesium
- Methylation capacity (SAM:SAH<2)
- Gastrointestinal conditions affecting nutrient absorption (Elimination Diet)
- Estrogen metabolism
- Malnutrition



## 28-day or 10-day program

- Balanced and sustainable support of the body's natural metabolic detoxification process
- Supports phase II enzymes throughout the duration of the program (reduces the risk of cofactor depletion)
- Provides key nutrients required for glutathione synthesis (L-cysteine, L-glutamic acid, glycine and magnesium)
- Provides creatine for the purposes of decreasing the demand for glycine, arginine and methylation
- May help boost the body's energy level



To learn more, visit [www.standardprocess.com/SP-Detox-Balance](http://www.standardprocess.com/SP-Detox-Balance)



Yellow Pea Protein



Flax Meal



Sweet Potato



Oats



Pumpkin Seed Protein



Buckwheat



Carrot



Spanish Black Radish



Apple Pectin

1. "About." National Toxicology Program, US Department of Health and Human Services, accessed March 13, 2018, <https://ntp.niehs.nih.gov/about/index.html>.  
 2. Arthur Grube, David Donaldson, Timothy Kiely, and La Wu, "Pesticides Industry Sales and Usage 2006 and 2007 Market Estimates," Washington, D.C.: United States Environmental Protection Agency, February 2011, PDF e-book, [http://www.epa.gov/sites/production/files/2015-10/documents/market\\_estimates2007.pdf](http://www.epa.gov/sites/production/files/2015-10/documents/market_estimates2007.pdf).  
 3. Michael N. Antoniou et al., "Concerns Over Use of Glyphosate-Based Herbicides and Risks Associated with Exposures: a Consensus Statement," Environmental Health 15, no. 1 (2016): 1-13. <https://doi.org/10.1186/s12940-016-0117-0>.  
 4. Joseph W. Thornton, Michael McCally, and Jane Houlihan, "Biomonitoring of Industrial Pollutants: Health and Policy Implications of the Chemical Body Burden," Public Health Reports 117, no. 4 (2002): 315-23.