SYNERGY
Holistic Health Center
A new way of being

Jumpstart Your Health! Reshape Your Life In 10 Days

Monday, September 28th
6:45

Learn about this quick start, power packed plan to jumpstart your way to better health.

Start new habits that will help you create a healthy foundation for years to come!

- Balance mood swings
- Balance blood sugar
- Decrease your cravings
- Improve your energy
- Sleep Soundly
- Lose weight

And much more!

Welcome to Renewal

You're about to start a wellness journey that will help you realize how eating habits affect many different areas in your life. Eating habits can affect your mood, sleep, energy levels, joint pain, headaches, blood pressure, acid reflux, cravings and more.

We have invited Seth Kaelin, from Standard Process, to give a talk and present a 10 day plan to jumpstart your health and reshape your life. Many people lose weight as a natural response to this plan.

For those who are interested, we will offer proven techniques you can practice and group hypnosis to maintain control and motivation throughout the ten days and beyond.

Limited spots available! Please call to register!

SYNERGY Holistic Health Center
859-525-5000
7413 US Hwy 42, Suite 3 Florence, KY 41042